Kathy received a BA degree from the University of North Texas (UNT) in piano pedagogy. After teaching privately for a number of years, she returned to UNT to pursue a Master's degree in Library Science. While at UNT, she worked in the university library's government documents department. Upon graduating, she became the genealogy librarian for the Tulsa City County Library in 1992. Working in a public library setting has allowed her to assist many family researchers. The <a href="Dawes Rolls">Dawes Rolls</a> and other records of the Five Civilized Tribes are some of the most popular records that researchers use in her library. Because of their popularity, Kathy works with these records regularly. She works closely with the staff at the Oklahoma Historical Society and is familiar with their holdings and collections.

Kathy is in charge of all genealogy programming for the library and is responsible for planning the annual Family History Month activities held every July. She lectured at the 2008 NGS conference in Kansas City and the 2009 FGS conference in Little Rock. She has attended IGHR and the Salt Lake Institute. In 1998, she was awarded the Richard S. Lackey Memorial Scholarship to attend NIGR. She is a member of the Daughters of the American Revolution and the United Daughters of the Confederacy. She holds memberships in the Oklahoma Library Association and the Texas Library Association.